

## FIONA MCDEVITT

BScPhysio, MISCP, MCPA, MIACST

Chartered
Physiotherapist and
Craniosacral Therapist



Fiona is a fully licensed, insured and practising chartered physiotherapist.

She obtained her honours degree at Trinity College Dublin in 1995. Fiona has gained extensive experience working in Ireland and internationally, mainly in the private practice setting and also in managerial roles.

In addition to her physiotherapy she has studied and trained as a Craniosacral Therapist, qualifying in 2007. Craniosacral Therapy (CST) allows for a deeper level of healing, enhancing the power of touch, and is most complementary to physiotherapy. This combination has allowed Fiona to see and treat each patient as an individual and give them the appropriate attention and treatment to facilitate their unique condition.

Fiona keeps abreast of best practice protocols, continuously up-skilling, and broadening her knowledge base. The approach she takes is very hands-on and her areas of special interest and experience include:

- back and neck pain
- posture
- musculo-skeletal disorders
- muscle imbalance
- biomechanics
- whiplash
- foot problems
- sports injuries
- cancer
- osteoporosis
- chronic pain



## CONTACT

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